

MIDLANDS  
**orthopaedics**  
& NEUROSURGERY

1910 Blanding Street Columbia, SC 29201 • 1013 Lake Murray Boulevard, Irmo, SC 29063  
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(803) 256-4107 ☎ [www.midorthoneuro.com](http://www.midorthoneuro.com)

**FINANCIAL INFORMATION FOR SURGERIES & PROCEDURES**

Thanks for entrusting us with your treatment. Our office requires pre-payment arrangements for all procedures, but we have skilled staff members available to assist you with this process.

Your prepayment will be based on the anticipated procedure code provided by your physician and will take into consideration your insurance carrier's allowed benefits for that code. The estimated pre-payment amount will include your plan benefit for deductibles, co-insurance, and co-pays. While we do our best to provide accurate estimates of patient out-of-pocket expenses, actual costs may vary depending upon the supplies and services provided during the procedure(s) as well your insurance carrier's payment decisions related to the procedure(s).

Patients who do not have health insurance will be expected to pay the full charge amount prior to the procedure date.

You may receive several statements or owe several entities. These entities may include the surgeon providing the service; the facility at which the services are being provided (such as the hospital or our ambulatory surgery center); the anesthesiologist (an M.D. not affiliated with this practice) and one or all of the following providers: a physician's assistant (PA), Nurse Practitioner (NP) or Certified Registered Nurse First Assistant (CRNFA). As the anesthesiologists are not affiliated with this practice, you may expect to get a separate bill from their office.

**Please contact an account specialist to confirm your appointment and verify the estimated out-of-pocket cost for your procedure.**

## PRISMA HEALTH RICHLAND

5 RICHLAND MEDICAL PARK DRIVE  
COLUMBIA, SC 29203

### PRE-OPERATIVE INSTRUCTIONS

**PATIENT INSTRUCTIONS: STOP ALL ASPIRIN PRODUCTS, HERBAL SUPPLEMENTS AND VITAMINS 5 DAYS BEFORE SURGERY**

OTHER INSTRUCTIONS: \_\_\_\_\_

1. Prior to your surgery:

**It is important that you call (803) 434-2006 or toll free (800) 848-9696** between the hours of 8:00 am and 8:00 pm Monday through Friday to pre-register, or you may do so online at [www.palmettohealth.com](http://www.palmettohealth.com).

You will need to call Anesthesia prior to your surgery date for a **phone interview at (803) 434-4992**. You/your child will have all pre-op labs if any are required for your surgery the morning of your surgery after arriving at the hospital.

You will need to call Anesthesia prior to you/your child's surgery to schedule an appointment at the hospital for a pre-op interview and pre-op lab testing. You can schedule this by calling **(803) 434-4992**.

2. On the morning of surgery, please report to the Children's Hospital, rear entrance on the 2nd floor. Patient registration will be on the right. Please arrive at least two hours prior to your scheduled surgery time but do not arrive before 5:30 am

3. Please leave valuables, such as money and jewelry, at home.

4. If you do not arrive at the scheduled time, your surgery may be delayed or postponed.

**5. Do not eat or drink anything after midnight the night before surgery (including water, gum, or candy).**

You may brush your teeth, but do not swallow any water.

6. Shower the morning of surgery.

7. Do not wear makeup or fingernail polish.

8. If you wear contact lenses, wear glasses and leave your contacts at home.

9. You must have someone available to drive you home after discharge.

10. Discharge from the hospital will depend upon the type of anesthesia given and the length of stay will vary from person to person. Time of discharge is determined by your surgeon.

**PLEASE BRING THIS FORM AND THE SURGERY ORDERS WITH YOU TO THE HOSPITAL WHEN YOU COME FOR YOUR LAB WORK AND THE DAY OF SURGERY**

**The following list is of specific medications that may promote excessive bleeding during surgery and must be avoided at least one week (7 days) prior to surgery.**

**Herbal Supplements:**

Echinacea Ginseng  
Ephedra Kava Kava  
Garlic St. John's Wart  
Gingko Valerian Root

**Anti-Platelet Medication:**

Clopidogrel (Plavix)  
Ticlopidine (Ticlid)-stop 10-14 days prior to surgery  
Pletal

**Anti-Obesity Medications:**

Adipex-d  
Bontril  
Didrex  
Inoamin  
Melflat  
Meridia/Tenuate

**Blood Thinning Agents:**

Warfarin (Coumadin)  
Aspirin  
Pradaxa  
**\*Anti-Inflammatory agents**  
**\*Arthritis Medications**  
**\*Headache Medications**

**Do not discontinue the use of any prescription medication without permission from your prescribing physician, especially Blood Pressure Medications.**

Your primary care physician should have a list of all of the prescription drugs you are taking, so you should ask if there are any you should stop prior to surgery. If you take over-the-counter medications, drop by your local pharmacy to determine if any of the products you use contain one of these drugs. It is important to know that many medications have more than one active ingredient, so you may not even know that you are taking one of these drugs unless you read all of the fine print on your medication bottles or ask a medical professional. If you are forced to stop taking a product you use to control pain, you may consider switching to Tylenol preoperatively. Of all the over-the-counter medications designed to control pain, the active ingredient in Tylenol is the only one that does not inhibit platelet function. Of course, if you have an allergy to Tylenol or have a known liver disorder, this drug should be avoided as well.

**It is essential to have a list of all prescribed and over-the-counter medications or supplements you take. All medications must be discussed with the pre-operative nurse when interviewed. We also recommend you keeping a list of any and all medications taken within 7 days of your surgery.**

**Common medications (oral form) prescribed by our providers that must be stopped:**

<b>Arixtra</b>	<b>Coumadin</b>	<b>Ibuprofen</b>	<b>Pradaxa</b>
<b>Arthrotec</b>	<b>Daypro</b>	<b>Medrol Dose Pack</b>	<b>Prednisone</b>
<b>Cataflam</b>	<b>Ec Naprosyn</b>	<b>Mobic</b>	<b>Vicoprofen</b>
<b>Celebrex</b>	<b>Feldene</b>	<b>Naprosyn</b>	<b>Voltaren</b>