

Pt Name: \_\_\_\_\_ DOB: \_\_\_\_\_

When did your pain first start? (date or approx. month/year): \_\_\_\_\_

When did it worsen? (date and event, if applicable) \_\_\_\_\_

Rate the severity of your pain on a scale from 1 to 10, with 1 being the least painful and 10 being the most severe:

1            2            3            4            5            6            7            8            9            10

Type of pain (circle all that apply):

Aching            Cramps            Numbness            Shooting            Swelling            Tingling  
 Burning            Dull            Sharp            Stiffness            Throbbing

Does the pain interfere with any of the following activities of daily living? (Circle all that apply)

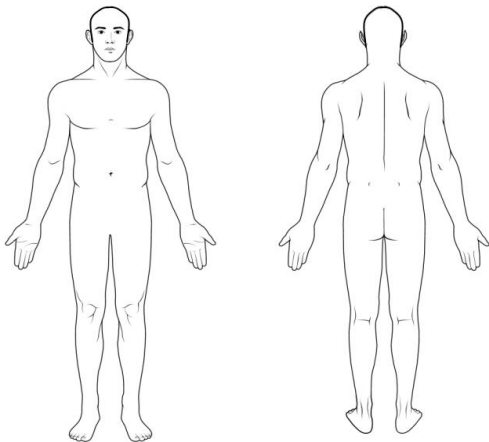
Bathing            Feeding            Grooming            Sleep            Work  
 Dressing            Food preparation            Housework            Toilet hygiene

How often are you having pain? \_\_\_\_\_ Constant \_\_\_\_\_ It comes and goes

Activities or movements that are painful to perform: (circle all that apply)

Bending            Lying down            Sitting            Standing            Walking

Mark "X" on the picture where you are having pain, numbness or tingling:



In the past 6 months, have you received any formal therapy for this condition? \_\_\_ Yes \_\_\_ No  
 If yes, when? \_\_\_\_\_

Do you perform home exercises/stretches for this condition? \_\_\_ Yes \_\_\_ No

Have you received an Epidural Steroid Injection for this condition? \_\_\_ Yes \_\_\_ No  
 If yes, when? \_\_\_\_\_

What percentage relief did the injection provide?  
 \_\_\_\_\_

For how long? \_\_\_\_\_ (hours, days, weeks, months)  
 When did the pain return? (date)  
 \_\_\_\_\_

Have you tried any of the following for pain relief?	YES	NO	Did this provide relief?	Name of Medication
Heat				
Ice				
Over the Counter Medications				
Prescription				

Are you claustrophobic (fear of being in a closed/confined place)? \_\_\_ Yes \_\_\_ No

Do you have metal in your body? \_\_\_ Yes \_\_\_ No If yes, where? \_\_\_\_\_