



Pre-Operative Surgery Instructions

1930 Blanding St
Columbia, SC 29201
803-461-4740

Surgery Date: _____

An interview nurse from The Surgery Center at Midlands Orthopaedics and Neurosurgery will contact you 2-4 weeks prior to your scheduled surgery to review your medical history.

- If you have not heard from someone by the 2-week mark, please contact:
 - **FOR TOTAL JOINT REPLACEMENT AND SPINE SURGERY;** Susan Mattox 803-251-5205
 - **FOR ALL OTHER SURGERIES;** Linda Oliver 803-461-4755

It may be necessary for an anesthesiologist to evaluate you prior to surgery. If this is required, you will be notified at the time of your interview.

PREPARING FOR SURGERY:

- If you are given orders for lab work, EKG, cardiac and/or medical clearance please get these completed as soon as possible.
 - **EKG's completed within 6 months of scheduled surgery and lab work completed within 3 months of scheduled surgery are acceptable.**
 - *The interview nurse will check to ensure it's the specific lab work needed for your surgical procedure.*
- **Stop taking any Aspirin products, NSAIDS, vitamins and any herbal supplements 7 days before surgery.**

THE DAY OF SURGERY:

- Do **NOT** eat or drink **ANYTHING** after midnight the night before surgery.
 - This includes; no chewing gum, mints, hard candy or smoking.
- Leave all valuables and all jewelry at home. *Remove all body piercing.*
- Shower the morning of surgery.
 - Do not wear make-up, fingernail polish, deodorant or hairpins. No artificial nails for hand surgery.
- Wear comfortable, loose fitting clothing
 - a shirt with large sleeves if you're having hand surgery, button up shirt for shoulder surgery, and shorts or loose pants if knee surgery
- If you wear contacts, leave them at home, and wear your glasses. Please bring a case for your glasses.
- If you wear dentures or partials, they are likely to be removed for your safety. Please bring your denture case.
- If you wear hearing aids, please make sure you bring them with you the day of surgery.
- You **must have** a responsible and physically capable adult (18 years and older) bring you to the Surgery Center, drive you home and stay with you for the first 24 hours (or possibly longer) after surgery. This adult must be capable of helping you in the event of a fall or emergency. If you are unable to make these arrangements your surgery will be rescheduled.
 - *An adult **is required** to remain at the Surgery Center the entire length of your stay.*
 - *At times unanticipated changes may occur in the surgery schedule causing delays. Your patience is greatly appreciated.*
- Please bring crutches, walkers, braces, slings or any item you were given to use after your surgery.
 - If you are told it will be left at registration, remember to ask for your equipment when you check in the day of surgery.
 - For your safety, you will be asked to demonstrate your crutch walking capability by your preop nurse before your surgery.
- Discharge from the Surgery Center will depend on the type of anesthesia given. The length of stay will vary between individuals and is determined by your surgeon and the anesthesiologist.
- Visitors are limited to two (2) per patient due to patient confidentiality and waiting room size.
- **No** children are allowed at the Surgery Center at Midlands Orthopaedics and Neurosurgery.
- **No** video or photography allowed in patient care areas.

*You will be contacted with your expected arrival time **1 DAY PRIOR** to your scheduled surgery date.*

Thank you for choosing The Surgery Center at Midlands Orthopaedics and Neurosurgery for your surgical procedure.

If you have any questions regarding your surgery, please call 803-461-4740 Option #1.

We will be glad to assist you.



1910 Blanding St., Columbia, SC 29201
803-256-4107



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803-461-4740

Michael R. Ugino, MD φ Michael S. Green, MD φ Robert M. DaSilva, MD φ Frederick C. Piehl, MD φ Thomas P. Gross, MD φ James A. O Leary, MD φ Coleman D. Fowble, MD φ William C. James, MD φ Ivan LaMotta, MD φ Bernard G. Kirol, MD φ Ryan Wetzel, MD φ Thomas Holbrook MD φ Karl Lozanne MD φ William M Rambo MD φ Eva J Rawl MD φ Slif Ulrich MD φ Bradley Aspey MD φ Matthew Brown, MD φ Seth Bowman, MD

Financial Information for Surgical Procedures

Thank you for entrusting The Surgery Center at Midlands Orthopaedics and Neurosurgery with your surgical care. The office as well as the Surgery Center require pre-payment arrangements for all procedures. Please be prepared to make two separate payments; one for the physician fee and one for the facility fee. (you may need to write 2 checks or have 2 credit/debit transactions). There are skilled staff members available to assist you with this process.

Your prepayment will be based on the anticipated procedure code provided by your physician and will take into consideration your insurance carrier's allowed benefits for that code. The estimated pre-payment amount will include your plans' benefit for deductibles, co-insurance, and co-pays. We do our best to provide accurate estimates of out-of-pocket expenses. However, actual costs may vary depending upon the supplies and services provided during the procedure(s), as well your insurance carrier's payment decisions related to the procedure(s).

While we make every effort to accurately determine your out of pocket expense, it is ultimately your responsibility to contact your insurance company regarding your financial obligations. We ask that you pay the pre-determined amount prior to your surgical procedure. Please be aware, your planned surgery may be cancelled or rescheduled if payment is not received or financial arrangements are not made prior to the date of service. Feel free to contact a collections representative at our office by calling 803-256-4107 if you need help determining your out-of-pocket obligations.

Patients who do not have health insurance will be expected to pay the full charge amount prior to the procedure date.

You will receive statements from different entities. These may include:

- The surgeon and one or all of the following providers: a physician's assistant (PA), nurse practitioner (NP) or certified registered nurse first assistant (CRNFA)
- The Surgery Center at Midlands Orthopaedics and Neurosurgery
- The anesthesia provider and/or certified registered nurse anesthetist
 - Carolina Anesthesiology Associates, PA



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HOME MEDICATION INFORMATION

The following list is examples of specific medications that may promote excessive bleeding during surgery and must be avoided at least one week (7 days) prior to surgery. The list is not all inclusive.

Herbal / Vitamin Supplements:

Stop **all** herbal and vitamin supplements except Vitamin D and Calcium.

Anti – Obesity Medications:

Adipex and Adipex – D (Phentermine), Bontril (Phendimetrazine), Didrex (Benzphetamine), Lonamin (Phentermine), Tenuate (Diethylpropion)

Anti – Platelet Medications:

Aggrenox (Dipyridamole), Brilinta (Ticagrelor), Effient (Prasugrel), Plavix (Clopidogrel), Pletal (Cilostazol), Ticlid (Ticlopidine) – **STOP** 10-14 days prior to surgery.

Blood Thinning Agents:

Aspirin, Coumadin (Warfarin), Eliquis (Apixaban), Excedrin, Lovenox (Enoxaparin), Pradaxa (Dabigatran), Savaysa (Edoxaban), Xarelto (Rivaroxaban)

Anti – Inflammatory Agents:

Aleve, Advil, Arthrotec, Cataflam, Celebrex, Celecoxib, Clinoril, Daypro, Diclofenac, Difunisal, Dolobid, Etodolac, Feldene, Indomethacin, Indocin, Meloxicam, Medrol Dose Pack, Mobic, Nabumetone, Naprosyn, Naproxen, Prednisone, Piroxicam, Relafen, Sulindac, Vicoprofen, Vivlodex, Voltaren.

Arthritis Medications:

STOP all arthritis medications.

**** DO NOT discontinue the use of any prescription medication without the permission from your prescribing physician, especially blood pressure medications. ****

Your primary care physician should have a list of all prescription drugs you are taking. You should ask if there are any you should stop taking prior to surgery. If you take over – the-counter medications, drop by your local pharmacy to determine if any of the products you use contain one of these drugs. It is important to know that many medications have more than one active ingredient, so you may not even know that you are taking one of these drugs unless you read all the fine print on your medication bottles or ask a medical professional. If you are forced to stop taking a product you use to control pain, you may consider switching to Tylenol (Acetaminophen) preoperatively. Of all the over -the-counter medications designed to control pain, the active ingredient in Tylenol is the only one that does not inhibit platelet function. Of course, if you have an allergy to Tylenol (Acetaminophen) or have known liver disorder, this drug should be avoided as well.

It is essential to have a list of all prescribed and over-the-counter medications or supplements you take. All medications must be discussed with the preoperative nurse when interviewed. We also recommend you keep a list of any and all medications taken within 7 days of your surgery. Please bring the list the day of surgery. If you have been scheduled to stay overnight, please bring your home medications with you.