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FINANCIAL INFORMATION FOR SURGERIES & PROCEDURES

Thanks for entrusting us with your treatment. Our office requires pre-payment arrangements for all procedures, but we have skilled staff members available to assist you with this process.

Your prepayment will be based on the anticipated procedure code provided by your physician and will take into consideration your insurance carrier's allowed benefits for that code. The estimated pre-payment amount will include your plan benefit for deductibles, co-insurance, and co-pays. While we do our best to provide accurate estimates of patient out-of-pocket expenses, actual costs may vary depending upon the supplies and services provided during the procedure(s) as well your insurance carrier's payment decisions related to the procedure(s).

Patients who do not have health insurance will be expected to pay the full charge amount prior to the procedure date.

You may receive several statements or owe several entities. These entities may include the surgeon providing the service; the facility at which the services are being provided (such as the hospital or our ambulatory surgery center); the anesthesiologist (an M.D. not affiliated with this practice) and one or all of the following providers: a physician's assistant (PA), Nurse Practitioner (NP) or Certified Registered Nurse First Assistant (CRNFA). As the anesthesiologists are not affiliated with this practice, you may expect to get a separate bill from their office.

Please contact an account specialist to confirm your appointment and verify the estimated out-of-pocket cost for your procedure.

The following list is of specific medications that may promote excessive bleeding during surgery and must be avoided at least one week (7 days) prior to surgery.

Herbal Supplements:

Echinacea Ginseng
Ephedra Kava Kava
Garlic St. John's Wart
Gingko Valerian Root

Anti-Platelet Medication:

Clopidogrel (Plavix)
Ticlopidine (Ticlid)-stop 10-14 days prior to surgery
Pletal

Anti-Obesity Medications:

Adipex-d
Bontril
Didrex
Inoamin
Melflat
Meridia/Tenuate

Blood Thinning Agents:

Warfarin (Coumadin)
Aspirin
Pradaxa
***Anti-Inflammatory agents**
***Arthritis Medications**
***Headache Medications**

Do not discontinue the use of any prescription medication without permission from your prescribing physician, especially Blood Pressure Medications.

Your primary care physician should have a list of all of the prescription drugs you are taking, so you should ask if there are any you should stop prior to surgery. If you take over-the-counter medications, drop by your local pharmacy to determine if any of the products you use contain one of these drugs. It is important to know that many medications have more than one active ingredient, so you may not even know that you are taking one of these drugs unless you read all of the fine print on your medication bottles or ask a medical professional. If you are forced to stop taking a product you use to control pain, you may consider switching to Tylenol preoperatively. Of all the over-the-counter medications designed to control pain, the active ingredient in Tylenol is the only one that does not inhibit platelet function. Of course, if you have an allergy to Tylenol or have a known liver disorder, this drug should be avoided as well.

It is essential to have a list of all prescribed and over-the-counter medications or supplements you take. All medications must be discussed with the pre-operative nurse when interviewed. We also recommend you keeping a list of any and all medications taken within 7 days of your surgery.

Common medications (oral form) prescribed by our providers that must be stopped:

| | | | |
|------------------|--------------------|-------------------------|-------------------|
| Arixtra | Coumadin | Ibuprofen | Pradaxa |
| Arthrotec | Daypro | Medrol Dose Pack | Prednisone |
| Cataflam | Ec Naprosyn | Mobic | Vicoprofen |
| Celebrex | Feldene | Naprosyn | Voltaren |

Surgery Instructions

Thank you for choosing Midlands Orthopaedics & Neurosurgery for your surgical needs. It is our goal to provide both you and your family excellent care. After your surgical procedure has been scheduled you will need to follow these steps:

1. Call **Prisma Baptist Hospital 803-296-5160** at least 7 days prior to your surgery date to pre-register.
2. Following registration please have past surgery and present medication information available and call interview and assessment at **803-296-5419**. Please leave a message.
3. During your interview and assessment with the nurse at the hospital you must provide the enclosed information:
 - a. Pre-operative Instruction Sheet
 - b. Medication Avoidance Sheet
 - c. Pre-operative orders

If you do not take this information to hospital you may experience a delay in your appointment time, and/or a delay in you surgery time on the day of surgery.

*Contact your doctor immediately if a change in your physical condition has occurred, or if you have developed a cough, fever or rash. If you need to reschedule or cancel your surgery for other reasons please contact the doctor's office and speak with his assistant.

*Please plan to pay a deposit, including co-insurance and deductibles, prior to your procedure. Payment will typically be discussed during pre-registration or registration process. Deposit amounts are based on services being performed and are considered payment toward the amount that will not be covered by insurance. You will be billed later for any balance amount. You should contact your insurance carrier for questions about covered services.

*Please review the enclosed medication avoidance list. These medications must be stopped for a period of 7-10 days prior to your surgery date. If you have any questions please contact your doctor's assistant for instructions.

On the day before your surgery do not eat or drink anything after midnight, unless instructed by your doctor. This includes water, gum, and candy. The morning of surgery do: take a bath or shower, leave valuables at home, have a friend or family member accompany you to and from the hospital, bring your medications with you, arrange a ride home and a caregiver for at least 24 hours after surgery, wear comfortable loose fitting clothes, and remove all jewelry. On the morning of surgery do not wear makeup, perfume, cologne or perfumed products, lotions, oils or powders.

Park your car on the 3rd level of the Sumter Street Parking Garage. Go across the crosswalk to enter the hospital. Make a left, proceed, and check in at the admissions desk on the left.