

Blood Clot Prevention Protocol

- First choice: Xarelto 10mg daily po for 14 days after discharge followed by 81 mg aspirin daily for 1 month.
- Second choice: Lovenox injection 40mg once daily for 14 days post discharge followed by 81 mg aspirin daily for 1 month.
- Patients on preop Coumadin will need to stop 5 days preop and then we will resume this immediately postop. Occasionally the patient will require bridging Lovenox, depending on their Physician's recommendation. The same principles apply to patients on other blood thinners before surgery.
- Exceptions, if patients are allergic to these meds.
- Jehovah's witness patients receive only aspirin for 1 month, because we are unable to transfuse them. They should also use adjunctive outpatient home SCD service for 1 month.
- Patients who have a known clotting disorder or who have had a previous clot will need 1 month of Xarelto or Lovenox postop followed by 1 month of baby aspirin.
- If there is a family history of a clotting disorder, the patient may wish to see a hematologist in consultation.